

Welcome to the **WVCS** Market

Market Rules:

1. Do not use any item to hold your place. Friends and family cannot save a spot for you and will lose your place in line. **If your number is called, and you are not present, you will be given a new number and wait to be called.**
2. Housed clients can come once a week to pick up groceries and on Friday afternoons for fresh produce only.
3. HTH clients can come three times a week to pick up groceries (Friday afternoons are for fresh produce only)
4. **Please follow all health-related guidelines, whenever applicable. Repeated disregard of these guidelines may result in pre-bagging or suspension of pantry privileges.**
5. You will be allowed 10 minutes to shop in the pantry. **Only one person**, per household, may shop in the pantry at a time. **Children are not allowed in the pantry and may not be left unattended in the lobby.** You may request to be pre-bagged if you need to watch your child. Please ask the front desk **for the list of items available.**
6. **Quantities are assigned to each item** to indicate how many you can take according to family size. Please do not take more than the number assigned. Please place all items **directly into your cart.** Once you have left the pantry, you can place your items into your bags.
7. For pre-bagged clients only: you may **give back** any items you do not want from your prepared bag immediately. No **substitutes** will be made.
8. All pantry items have been **donated** by local stores. **Do not attempt to return/exchange** anything to stores. You will be terminated from the program.
9. You are responsible for walking your cart back to the pantry

Failure to follow the pantry rules will result in either pre-bagged groceries or suspension of pantry privileges.

Please let your case manager know if you require special accommodations in the pantry and we will do everything we can to meet your needs.

Where do I park?

Pantry visitors can park:

- In the 6 visitor reserved spots in our parking lot
- On the street along Vista Dr. and Randy Lane.

NOTE: No Parking in Vista Village resident parking or WVCS parking or across the street in Apple and Montessori parking lots.

- *Parking in these areas can result in the towing of the vehicle at the vehicle owner's expense.*
- *No waiting in the resident parking lots. Please keep clear of vehicle entry and exit ways for your safety.*

How does it work?

1. Lottery numbers will be distributed when Market opens.
2. When your number is called, you will be given a shopping cart and grocery bags. Please bring your own bags if you have them.
3. Start shopping at the **dry goods** section, and follow the path. Please make sure you make all your selections because you cannot go backwards.
4. Once you are done shopping, please wait while the volunteer weighs your cart and then you will take the cart outside to unload it. Volunteers can walk with you to your car, and they will return the cart for you.

Note: Availability and selection of products in the pantry is based on donations and cannot be guaranteed.

When can I sign in?

	AM	PM
Monday	9:30 - 11:15	1:30-4:15
Tuesday	9:30 - 11:15	1:30-4:15
Wednesday	9:30 - 11:15	1:30-4:15
Thursday	9:30 - 11:15	1:30-4:15 4:45 – 7:15
Friday	9:30 - 11:15	1:30-4:15 <i>Fresh produce only!*</i>

Food information and expiration

“Use by Date”	- Not safe after this date: baby food and nutritional supplements - Safe 1-2 weeks after date: bacon and lunch meats
“Sell By” or “Enjoy by Date”	- Safe 7 days after date: milk and bread - Safe 2 weeks after date: yogurt - Safe 3-5 months after date: cheese - Safe 5 weeks after date: eggs
“Best if Used By”	- Safe 12 months after date: acidic food in cans (ex. canned tomatoes, canned fruit) - Safe 2 years after date: rice - Safe 2-3 years after date: non-acidic food in cans (ex. canned soup and canned beans) - Safe 4-5 years after date: pasta